

Participating practices

Opticians	Address	Area	Postcode	Contact Number	Distance from BGS
Eyecare Opticians	503A Coventry Road	Small Heath	B10 0LL	07590686111	5 min (0.7 mi)
M M Davda	554A Coventry Road	Small Heath	B10 0UN	0121 772 2902	4 min (0.7 mi)
Boots Opticians	1321 Coventry Road	Yardley	B25 8LP	0121 765 5700	10 min (2.3 mi)
Specsavers	Unit 3 The Swan Centre	Yardley	B25 8UJ	0121 765 5700	11 min (2.7 mi)
Scrivens Ltd	146 Church Road	Yardley	B25 8UT	0121 784 8022	10 min (2.4 mi)
Vision Express	Swan Shopping Centre	Coventry Road	B26 1AD	0121 516 5236	10 min (2.7 mi)
Boots Opticians	2236 Coventry Road	Sheldon	B26 3JH	0121 743 3360	14 min (4.3 mi)
Specsavers	1086 Warwick Road	Acocks Green	B27 6BH	0121 707 6501	14 min (3.9 mi)
Boots Opticians	1082 Warwick Road	Acocks Green	B27 6BH	0121 706 1386	14 min (3.9 mi)
New Image Opticians	1120 Warwick Road	Acocks Green	B27 6BL	0121 707 9733	16 min (4.1 mi)
Banks Opticians	1115A Warwick Road	Acocks Green	B27 6RA	0121 706 6604	14 min (3.9 mi)
Alan Tyler Opticians	291 Fox Hollies Road	Acocks Green	B27 7PS	0121 706 3998	15 min (4.0 mi)
Scrivens Ltd	300 Kitts Green Road	Lea Hall	B33 9SB	0121 783 3159	14 min (3.7 mi)
I M Hadfield Optometrists	37 The Parade	Kingshurst	B37 6BB	0121 770 3226	20 min (5.6 mi)
Ellis Opticians	350 Bradford Road	Castle Bromwich	B37 9AD	0121 747 2115	16 min (4.6 mi)
Focus Eye Clinic	65 Rupert Street	Nechells	B7 5DT	0121 359 2666	10 min (2.2 mi)
Sodha Optometrists	95 Alum Rock Road	Alum Rock	B8 1ND	0121 326 0334	7 min (1.2 mi)
Onkar Eye Care Opticians	151 Alum Rock Road	Saltley	B8 1NH	0121 327 0620	8 min (1.2 mi)
Colin Lee Opticians	12 Fox and Goose Shopping Centre	Ward End	B8 2EP	0121 784 5888	12 min (2.7 mi)
T Cox Opticians	565 Washwood Heath Rd	Ward End	B8 2HB	0121 327 1814	8 min (2.0 mi)
Eyeworld Opticians	678 Alum Rock Road	Pelham	B8 3NU	0121 328 4328	6 min (1.6 mi)
Ophthalmic Care Opticians	753 Alum Rock Road	Saltley	B8 3PX	0121 327 2378	7 min (1.6 mi)
Visioncraft (UK) Ltd	41 Yardley Green Road	Bordesley Green	B9 5PU	0121 772 4424	4 min (0.8 mi)

For out of area participating practices see
www.eyecarewm.co.uk



Primary Eyecare
Heart of West Midlands Ltd



Minor Eye Problems?



If you have a recent eye problem - such as sore eyes, red eyes or visual disturbance - you can be seen by your local Minor Eye Conditions Service

This is an NHS funded service available from a number of local opticians. See inside for more information of what conditions are covered *and how to book an appointment*

What is a Minor Eye Conditions Service (MECS)?

Conditions that can be seen under the service include:

- Red eye or eyelids
- Dry eye, or gritty and uncomfortable eyes
- Irritation and inflammation of the eye
- Significant recent sticky discharge from the eye or watery eye
- Recently occurring flashes or floaters
- Ingrowing eyelashes
- Recent and sudden loss of vision
- Foreign body in the eye

Please note, this is not a sight test

If you are unsure whether your symptoms can be assessed and treated by the service, please contact a participating optician who will advise you. Also, if you have a major eye condition that is being regularly monitored by your optometrist or hospital eye service, this will not be covered by this service; for example, cataracts, diabetic retinopathy or glaucoma.

Where should I go?

Registered optometry practices (opticians) offering the service are listed on the back of this leaflet. An appointment will normally be required, so telephone first. Appointments are available during normal working hours and some practices offer appointments at weekends. Not all practices have an optometrist available every day, but if they don't, they will be able to find you an alternative appointment nearby.

Who is this service for?

If you are registered with a local GP you can use this service. It is for people of all ages – adults and children. Children under 16 years must be accompanied at their appointment by an adult.

Check on www.eyecarewm.co.uk for GP areas

How do I book an appointment with the service?

To make an appointment, call one of the opticians on the back of this leaflet. You will be asked some questions about your symptoms in order to assess how quickly you need to be seen by the service, which will be within 24 hours in urgent cases and within a few days for routine appointments.

Please take your glasses and a list of your current medication with you to the appointment. The optometrist may put drops in your eyes to enlarge your pupils in order to get a better view inside your eyes. You should not drive until the effects of these drops have worn off, which may take a few hours.

If your condition is more serious, the optometrist will book you an urgent appointment at a hospital eye clinic. If you need a routine appointment with a hospital, the optometrist will organise this for you.

You may also be advised to make an appointment with your GP if your eye condition is related to your general health.

ask your optometrist

